

SRI SATHYA SAI CENTRE-KENYA

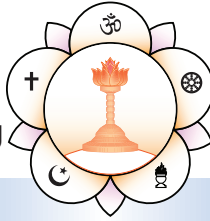
LOVE ALL SERVE ALL - HELP EVER HURT NEVER

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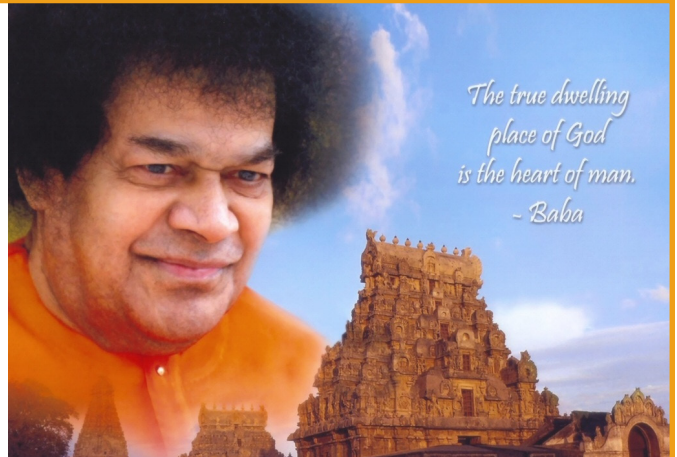
ACCREDITED TO SRI SATHYA SAI WORLD ORGANISATION: REGION 93 AFRICA

Tri-Monthly Newsletter

March - May 2013

GOD HAS NO PARTICULAR FORM. BRAHMA, VISHNU, MAHESWARA ARE NOT DIFFERENT FROM EACH OTHER. GOD MANIFESTS IN THE FORM HIS DEVOTEES CONTEMPLATE UPON. IF A WOMAN CONSIDERS HER HUSBAND AS GOD, SHE CAN REALISE GOD IN HIM. WITH WHATEVER FEELINGS YOU THINK OF GOD, GOD WILL APPEAR BEFORE YOU IN THE SAME WAY. DAIVAM MANUSHA RUPENA. ALL ARE THE EMBODIMENTS OF GOD. SO, THE ANSWER TO THE QUESTION, "WHERE IS GOD"? IS "GOD IS EVERYWHERE". THE ATMA THAT IS PRESENT IN YOU IN THE FORM OF CONSCIOUSNESS IS PRESENT IN ALL. YOU CANNOT SAY, CONSCIOUSNESS IS HERE AND NOT THERE; IT IS EVERYWHERE. GOD IS OMNIPRESENT. THERE IS NO NEED TO SEARCH FOR GOD WHO IS PRESENT EVERYWHERE, IN ALL, AT ALL PLACES. THEREFORE, IT IS VERY EASY TO KNOW GOD. TRY TO UNDERSTAND THAT EVERYTHING IN THE UNIVERSE IS PERMEATED BY GOD. HE IS PRESENT EVERYWHERE AND PERMEATES EVERY ATOM OF THE UNIVERSE.

-BABA



The true dwelling place of God is the heart of man.
- Baba

PROFESSOR ANIL KUMAR'S VISIT

It is with great pleasure that SRI SATHYA SAI CENTRE – KENYA Cordially invites one and all for a series of talks being presented by Prof Anil kumar who will be visiting Kenya

Please attend in large numbers and spread the word to colleagues, nears and dears



Prof. Anil Kumar is best known for translating Bhagavan Sri Sathya Sai Baba's discourses into English. He also gives very popular talks on Sunday mornings in Prashanti Nilayam and visits many Sai centers for the same purpose.

He has been Principal of the Brindavan campus and has authored many books on Swami. He is currently a faculty member of the Biosciences Dept. at SSSIHL, Prashanti Nilayam, India and will be graciously giving these talks to devotees and the public whilst on visit to Kenya at the Sri Sathya Sai Centre - Kenya.

We request you partake in this opportunity to come and listen to his words of wisdom that are practical and help in everyday life.

PROGRAM

DAY 1 – THURSDAY 4TH APRIL 2013

Topic: The glory of Sai

Timing: 7:00p.m – 8:00p.m followed by mahaprasad

Location: Prayer Hall – Sri Sathya Sai Centre

DAY 2 – FRIDAY 5TH APRIL 2013

Topic: Purpose of life followed by a Question & Answer session

Timing: 7:00p.m – 8:30p.m followed by mahaprasad

Location: Multi purpose hall - Sri Sathya Sai Centre

Questions: Kindly email any questions / spiritual questions that you may have to admin@sathyasaicentrekenya.org such that they can be answered by Prof. Anil Kumar. These will be done on a first come first serve basis by email only.

DAY 3 – SATURDAY 6TH APRIL 2013

Topic: What next?

Timing: 7:00p.m – 8.30p.m followed by mahaprasad

Location: Multi purpose hall - Sri Sathya Sai Centre

Day 4 – Sunday 7th April 2013

Topic: Unity is divinity (Unity of religions)

Timing: 4:00p.m – 6:00p.m

Date: Sunday 7th April 2013

Location: Multi purpose hall – Sri Sathya Sai Centre

EHV WING

- Balvikas classes - Every Saturday from 3:00 PM - 5:00 PM

SERVICE WING

- Narayan Seva - Every Sunday from 8:30 AM to 10:30 AM
- Medical & Dental Clinic - Contact Dr. Kumar
Mon - Sat: 9:00 AM - 1:00 PM; 2:00 PM - 5:00 PM

SPIRITUAL WING

Bhajans	Thursdays	7:15 PM - 8:15 PM
	Sundays	6:00 PM - 7:00 PM
Bhajan practice	Sundays	10:30 AM - 12:00 Noon
	Saturdays	6:00 PM - 6:15 PM
Jyothi meditation	Sundays	4:45 PM – 5:45 PM
Veda chanting	Sundays	10:00 AM -10:30 AM
Special Bhajans	Conducted on festival days	

FORTHCOMING EVENTS CALENDER 2013

11 April. Thu Ugadi	14 April. Sun Tamil New Year	14 April. Sun Vishu
14 April. Sun Vaisakhi Sikh New Year	20 April. Sat Sri Rama Navami	24 Apr. Wed Mahasamadhi Day
6 May. Mon Easwaramma Day	25 May. Sat Buddha Purnima	

VIEWS:



UGADI

There is no need to wait for a new year to bring new tidings. Every moment is new. Many are wondering what troubles and losses the new year will bring. But the year is not responsible for all our troubles and difficulties. Only our conduct is responsible. If our actions are good, the results will be good. Bad actions lead to bad consequences. People think that good and bad are related to bad time. Not at all. Their thoughts are the cause. Hence, they should develop good thoughts and do good deeds. They should cherish good feelings and associate with good people.

People should realize the preciousness of Time. Most of the time available is wasted by people. This is utterly wrong. Time should be used always for right purposes. That is the foremost duty of every man. Waste of time is waste of life. The Lord of Time protects those who take refuge in Him, even against the Lord of Death, Kaala. Time takes its revenge on those who misuse it. A nation's prosperity is dependent on how people use their time in the performance of good actions.

Divine Discourse: 7 April 1997

SRI RAMA NAVAMI

This day, the birth of Sri Rama is celebrated in all lands. Rama had deed, word and thought, body, speech and mind, ever pure and totally free from blemish. Really speaking, one ought to revere the story of Rama as a profound allegory. Every act and actor in that story attracts attention and gets imprinted on the memory because the allegory is personal to each of us.



It is often said that Rama followed dharma at all times.

This is not the correct way of describing him. He did not follow dharma, he was dharma. What he thought, spoke, and did was dharma and is dharma forever.

Divine Discourse: 18 April 1986

Devotees should install Rama in their hearts and celebrate Ramanavami in order to achieve Atmic bliss. Going through the Ramayana epic, they should reach the state of oneness with the universal spirit (Atma Rama). In such a state, there is no ego sense (ahamkara).

Divine Discourse: 7 April 1987

ESWARAMMA DAY

Every person, man or woman, should respect the parents, install the Divine in the heart, and pray to God constantly. It is everyone's duty to bring a good name to one's parents. When the children are good, they bring a good name to the parents. It was because of the noble behaviour of Lava and Kusa that their mother Seetha became renowned. When you cherish the mother and seek God's grace, the blessings of the mother becomes more powerful.

Children should revere their parents, who account for their physical existence. But they should realize what they owe to God, who is the basis of all life. Recognizing this double obligation --to the mothers and to the Divine-- they should redeem their lives by purposeful living.

Divine Discourse: 6 May 1997

THOUGHT FOR THE DAY

The letter 'Gu' in the word Guru signifies Gunatheetha – the one who has transcended the three qualities of Ignorance (Thamasik), Passion (Rajasik) and Virtuousness (Sathvik) and the letter 'Ru' signifies the one who is Roopa Varjitha (Beyond the Form). The Guru destroys illusion and sheds light, His Presence is ever cool and comforting. He comes to remind people that they have forgotten that they have lost the most precious part within themselves and yet are unaware of it! He is the Physician for curing the illness which brings about the repetitive suffering from birth to death. He is adept at the treatment needed for the cure. If you have not yet got such a Guru, Pray to the Lord Himself to show the way and He will most certainly come to your rescue!

-BABA

How can i help?

SPIRITUAL WING

- By taking part in all the spiritual activities of the Centre such as Reguals Bhajans, Bhajan Practices, Meditation etc.

EDUCATION WING

- By sending your children between 6 and 16 years of age to Bal Vikas classes on every Sunday morning.
- By contributing new Textbooks, Stationery and other requirements of the School.
- By contributing food stuff in the food Bank for the School.
- By going to the School and help in the Sai Farm

SERVICE WING

- By coming to help on Saturday afternoons to prepare food for the Sunday morning Narayan Seva.
- By bringing food for the Narayan Seva as well as sponsoring the Narayan Seva.

LADIES WING

- By coming on Thursdays, Saturdays and on festival days to arrange the Prayer Hall, Alter, Swami's Penthouse and other areas of the Centre and also make garlands and decorating the alter for Bhajans and festival days.
- By helping in cooking for providing Breakfast, Lunch or dinner to the devotees during the festival days.

YOUTH WING

- Youth between the age group of 17 to 32 partake in all the above seva during the festivals and during regular activities. Please collect a youth activity calender from the altar and attend/partake in various Sevas.

SATHYA SAI SHOOL - KISAJU

- You can sponsor a child's education at the S.S School - Kisaju. Forms can be collected at the altar.

ONCE WE SURRENDER OUR MIND TO GOD COMPLETELY, HE WILL TAKE CARE OF US IN EVERY WAY.. - BABA